



Menu

COFFEE

Short black | Piccolo | Macchiato - \$3.50

Latte | Cappuccino | Flat White | Long Black -

Small - \$4

Large - \$4.50

Iced Coffee | Iced Chocolate - \$4.50

Extra Coffee Shot - 50c

Soy, Almond, Mocha, Flavouring - 50c



TEA

Lemongrass & Ginger | English Breakfast | Earl Grey | Chamomile Herbal |

Peppermint Herbal | Darjeeling Green -

Small - \$4

Large - \$4.50



FRESHLY SQUEEZED JUICE

Choice of up to 3 fruits - \$8

Apple | Orange | Celery | Pineapple | Lemon | Carrot | Ginger





Menu

SMOOTHIES

Choc Banana - \$9.50

Banana | Peanut Butter | Chocolate Protein Powder | Choice of Milk

Berry Yoghurt - \$9.50

Mixed Berries | Muesli | Strawberry Yoghurt | Honey | Choice of Milk

Viva Protein - \$10.50

Banana | Spinach | Dates | Peanut Butter | Vanilla Protein Powder | Almond Milk

Berry Delicious - \$10.50

Mixed Berries | Banana | Dates | Peanut Butter | Vanilla Protein | Almond Milk

Banana Shredder - \$10.50

Banana | Walnut | Peanut Butter | Honey | Vanilla Protein Powder | Choice of Milk

The Ultimate Breakfast Smoothie - \$10.50

Banana | Walnut | Peanut Butter | Oats | Honey | Coconut Choc Protein Powder |
Almond Milk

MILKSHAKE

Chocolate | Strawberry - \$ 5.50





Menu

FOOD

Chicken Schnitzel - \$4

Chicken Schnitzel Wrap - \$9.50

Banana Bread - \$3.50

Muffins - \$3.50

Blueberry | Chocolate

Protein Ball - \$3.50

Chocolate Peanut Butter

Overnight Berry & Honey Oats - \$6.50

Ice Cream Bowl - \$4

Vanilla

Cookie - \$1

Choc Chip

Fruit - \$1

MY MUSCLE CHEF MEALS

Muscle Meal - \$12

View the display window for our range of meals.
Can be heated for dine in or taken to heat and eat at home.

